

# TERRAP ANXIETY AND PHOBIA CARE COGNITIVE AND BEHAVIORIAL HEALTH ASSOCIATES

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## AUTHORIZATION TO USE OR DISCLOSE MY HEALTH INFORMATION

Patient name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Previous name: \_\_\_\_\_

### **I. My Authorization**

**You may use or disclose the following health care information (check all that apply):**

- All my health information maintained by the above-named practice
- My health information relating to the following treatment or condition: \_\_\_\_\_
- My health information for the date(s): \_\_\_\_\_
- Other: \_\_\_\_\_

**You may disclose this health information to:**

Name (or title) and organization \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Information to be disclosed (check all that apply)

- Medical Records  Treatment Records  Diagnostic Records
- Other: \_\_\_\_\_

**Reason(s) for this authorization (check all that apply):**

- at my request
  - other (specify) \_\_\_\_\_
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**This authorization ends:**  on (date) \_\_\_\_\_  
 when the following event occurs \_\_\_\_\_

### **II. My Rights**

I understand I do not have to sign this authorization in order to get health care benefits (treatment, payment or enrollment). However, I do have to sign an authorization form:

- To take part in a research study.  
or
- To receive health care when the purpose is to create health information for a third party.

I may revoke this authorization in writing. If I did, it would not affect any actions already taken by the above-named practice based upon this authorization. I may not be able to revoke this authorization if its purpose was to obtain insurance. Two ways to revoke this authorization are:

- Fill out a revocation form. The form is available from the office.  
or
- Write a letter to the office.

Once the office discloses health information, the person or organization that receives it may re-disclose it. Privacy laws may no longer protect it.

\_\_\_\_\_  
Patient or legally authorized individual signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time

\_\_\_\_\_  
Printed Name if signed on behalf of the patient

\_\_\_\_\_  
Relationship (parent, legal guardian, personal representative, etc.)